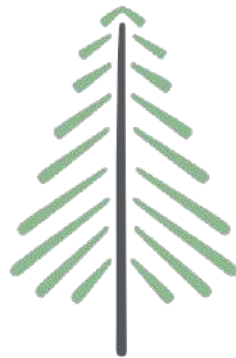


# Going to the Dentist at Pine Tree Pediatric Dentistry





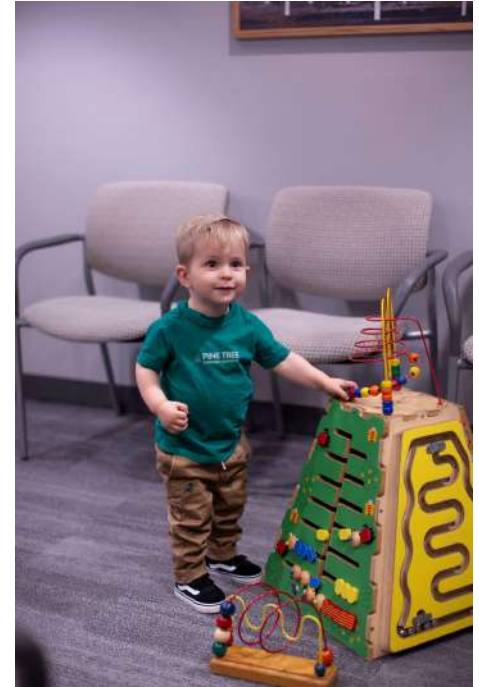
You have a dental  
appointment today  
at Pine Tree  
Pediatric Dentistry.

Everyone is so  
excited to see you!





After checking in, you can play with toys, look at the fish in the fish tank or color while you wait for the assistant to call you back. There is also a movie playing that you can watch.





When your name is called, the dental assistant brings you back to a special chair. The chair can go up, down and back like a bed.



The dental assistant or dentist will show you all the tools they are going to use to clean your teeth. Sometimes they will show you on Mr. Dragon.

The dentist and dental assistant may wear a mask over their mouth and nose and eye glasses to protect their eyes. They may wear a special gown as well.





After you feel comfortable with everything, they will put sunglasses on to protect your eyes and a bib over your shirt to keep it clean. Then you get to choose what flavor of toothpaste and fluoride you want to have. Our popular flavors are cotton candy and berry!



Lastly, the dentist will come and look at your teeth with a mirror after they are all clean.



Sometimes the dentist will want to take dental x-rays of your teeth. Taking dental x-rays is like taking pictures of your teeth. Here's how it works: You sit in a special chair, and the dental assistant puts a big, funny apron on you to protect your body from the x-rays.



They have a machine that looks like a camera. The assistant will put a small piece of plastic in your mouth that you bite down on. This helps them get a clear picture of your teeth. Then, they move the machine around your head to different spots. Each time, they press a button to take a quick picture. You might hear a beep or a noise, but it's nothing to worry about.





After they take all the pictures they need, they take out the plastic piece from your mouth, and that's it!

Dental x-rays help the dentist see if everything is okay with your teeth and if there are any problems they need to fix.

# Sometimes kids get cavities in their teeth.



Getting a cavity is like having a tiny hole in your tooth. Your mouth has tiny little bugs called bacteria. Some of these bugs like to eat sugary foods, like candy, cookies, and soda.

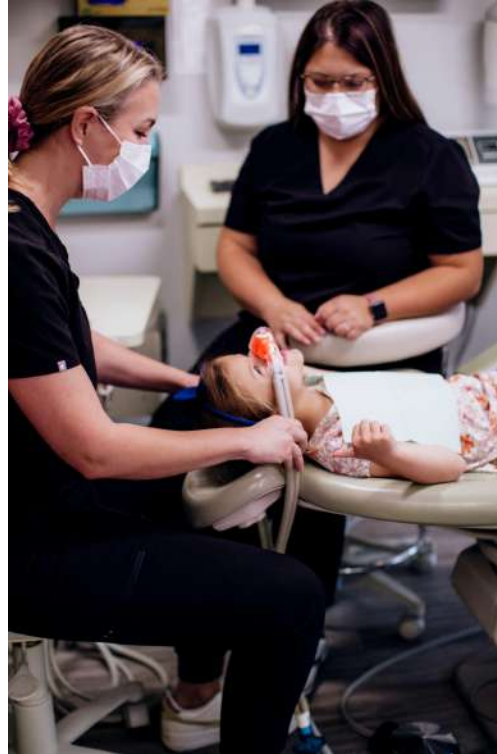
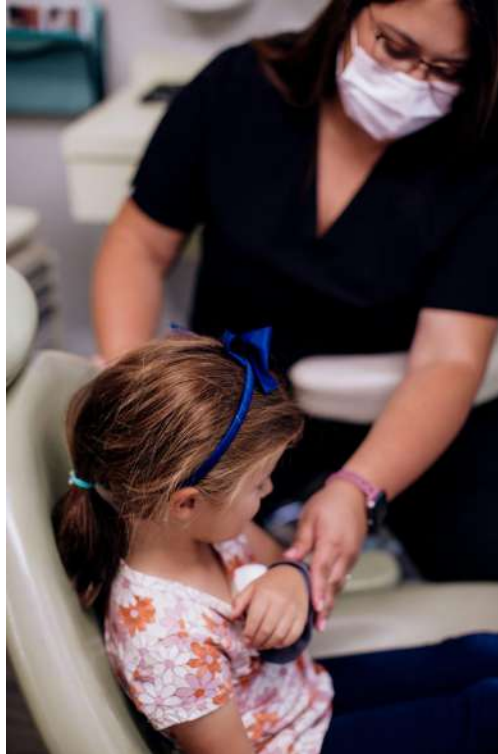


If you eat a lot of sugary foods often, your teeth can become weak. Then, a tiny hole can start to form in your tooth. That's called a cavity.



When the dentist needs to fix a cavity, they might use something called nitrous oxide, which is also called laughing gas. Here's how it works:

First, you sit in the dentist's chair, just like when you're getting your teeth cleaned. The dental assistant will take your blood pressure which gives your wrist a little hug. Then they will put a small mask over your nose. You get to choose what scent you want to smell like watermelon or green apple!



You breathe in through your nose. The mask gives you a special mix of air that makes you feel really calm and relaxed, like floating on a cloud. Some kids even feel a little silly or giggly, hence the name laughing gas!



While you're feeling relaxed, you can watch a movie or show and the dentist will work on your tooth. They'll use their tools to clean out the cavity and then put in a filling to fix your tooth. You might feel a little pressure or hear some noises, but it shouldn't hurt at all because your tooth will be numb.

Once the dentist is finished, they'll take off the mask, and you'll start breathing regular air again. The laughing gas wears off really quickly, so you'll feel back to normal in no time.



At the end of your appointment you get to select a prize! At Pine Tree, we have lots of cool prizes you can pick. You also get a goodie bag with a new toothbrush in it after your teeth are cleaned.





You will feel so happy to have your teeth clean and healthy.

**Meyers**



**CJ**



At Pine Tree Pediatric Dentistry we want you to feel comfortable and safe at the dentist.  
That's why we even have two dogs at our office! They're names are CJ...And Meyers.  
They love getting pets from patients like you!



Remember: Taking care of your teeth isn't only the dentist's job. It's also your job. You can take care of your teeth at home by brushing and flossing your teeth two times per day.



Thank you for visiting Pine Tree Pediatric Dentistry today! We love our patients!