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GENERAL ANESTHESIA

The use of general anesthesia, to allow dental treatment is an important decision. Although it may seem like an extreme measure, it is often the only way quality dental care can be safely performed on some children. Dental treatment requires very precise and delicate instrumentation by the dentist and staff, movement by the patient can lead to compromised results.

ADVANTAGE: Your child will receive general anesthesia administered by an MD Anesthesiologist. All treatment will be complete in a single visit. Any additional treatment found because of lack of x-rays or ability to get a complete exam will be done at this time. If possible we will inform the parent if the additional treatment is needed but there are times when this is not possible due to the treatment in progress.

DISAVANTAGE: Your child may feel cranky and disorientated when they awake and may feel a little sleepy for several hours after treatment. . Your child's bite may be temporarily change due to all the treatment that was completed, it will adjust itself in a few days. General anesthesia is not without some risk. If you have any questions please feel free to email M2 anesthesia at kim@m2sleep.com

PRE-ANESTHESIA INSTRUCTIONS

FOR PATIENTS WHO ARE SCHEDULED FOR SEDATION OR GENERAL ANESTHESIA FOR DENTAL TREATMENT. IT IS IMPORTANT FOR YOUR CHILD'S SAFETY THAT YOU FOLLOW THESE INSTRUCTIONS CAREFULLY. FAILURE TO FOLLOW THESE INSTRUCTIONS COULD RESULT IN UNNECESSARY COMPLICATIONS.

ARRIVAL: You and your child will need to be on time as arriving late may result in insufficient time to complete the planned treatment. This may result in less treatment being completed or the whole appointment being rescheduled.

EATING: The best results can be achieved if you child has not eaten before treatment. To ensure the proper effectiveness of sedation and avoid vomiting, please **NO FOOD OR LIQUIDS 8 HOURS PRIOR TO PROCEDURE.**

CLOTHING: Please dress you child in a short-sleeved top and loose comfortable pants or pajamas. For younger children who have recently been potty-trained, we suggest bringing a change of clothes. Avoid hair styles that tie at the back of the head.

MEDICINES: **DO NOT** give your child **ANY MEDICATIONS OR DRUGS** that have not been previously discussed with the Doctor.

CHANGE IN HEALTH: Inform the office if there has been any change in your child's health status, including a cold or fever.

POST-OPERATIVE INSTRUCTIONS

FOR PATIENTS WHO HAVE RECEIVED SEDATION OR GENERAL ANESTHESIA FOR DENTAL TREATMENT. IT IS IMPORTANT FOR YOUR CHILD'S SAFETY THAT YOU FOLLOW THESE INSTRUCTIONS CAREFULLY. FAILURE TO FOLLOW THESE INSTRUCTIONS COULD RESULT IN UNNECESSARY COMPLICATIONS.

ACTIVITIES: DO NOT plan or permit activities for your child after treatment. Allow your child to rest and closely supervise any activity for the remainder of the day. When sleeping, encourage your child to lay on his/her side or stomach.

GETTING HOME: Your child should be closely watched for signs of difficulty breathing. Make sure they are carefully secured in a car seat or seat belt during transportation. Preferred to have an extra set up hands to sit with them in backseat but not required.

DRINKING OR EATING AFTER TREATMENT: After treatment, the first drink should be plain water. Clear liquids can be given next such as fruit juice, 7-UP, Gatorade, Ginger Ale, soup broth. Small drinks taken repeatedly are preferred to taking large amounts. Soft, bland food, not too hot such as scrambled eggs, mashed potatoes, yogurt, pudding, ice cream, may be taken when desired.

TEMPERATURE ELEVATION: Your child's temperature may be elevated to 101F for the first 24 hours after treatment. Tylenol every 3 to 4 hours and fluids will help alleviate this condition.

EXTRACTIONS: If your child has had teeth removed, a small amount of bleeding is normal. Do not let your child spit or use a straw the first 24 hours as it will cause more bleeding.

BRUSHING TEETH: Since your child has had a cleaning and fluoride treatment today, it is not necessary to resume tooth brushing until tomorrow morning, however, it is very important that you start brushing and flossing daily after that to prevent future dental problems.

BEHAVIOR: A child's surgery can be a difficult experience for everyone in the family and your child may have a hard time adjusting at home. Your child may temporarily behave differently from normal with problems such as:

1. Sleep Pattern Changes- Lethargic
2. Clingy behavior- Hyperactivity
3. Eating changes –Appetite loss

SEEK ADVICE: Please reach out if any of the following issues occur:

1. Temperature above 101 degrees F for over 24 hours.
2. If vomiting persists beyond 4 hours.
3. If there is any difficulty breathing or coloration of the skin is poor.
4. If any other matter causes you concern.